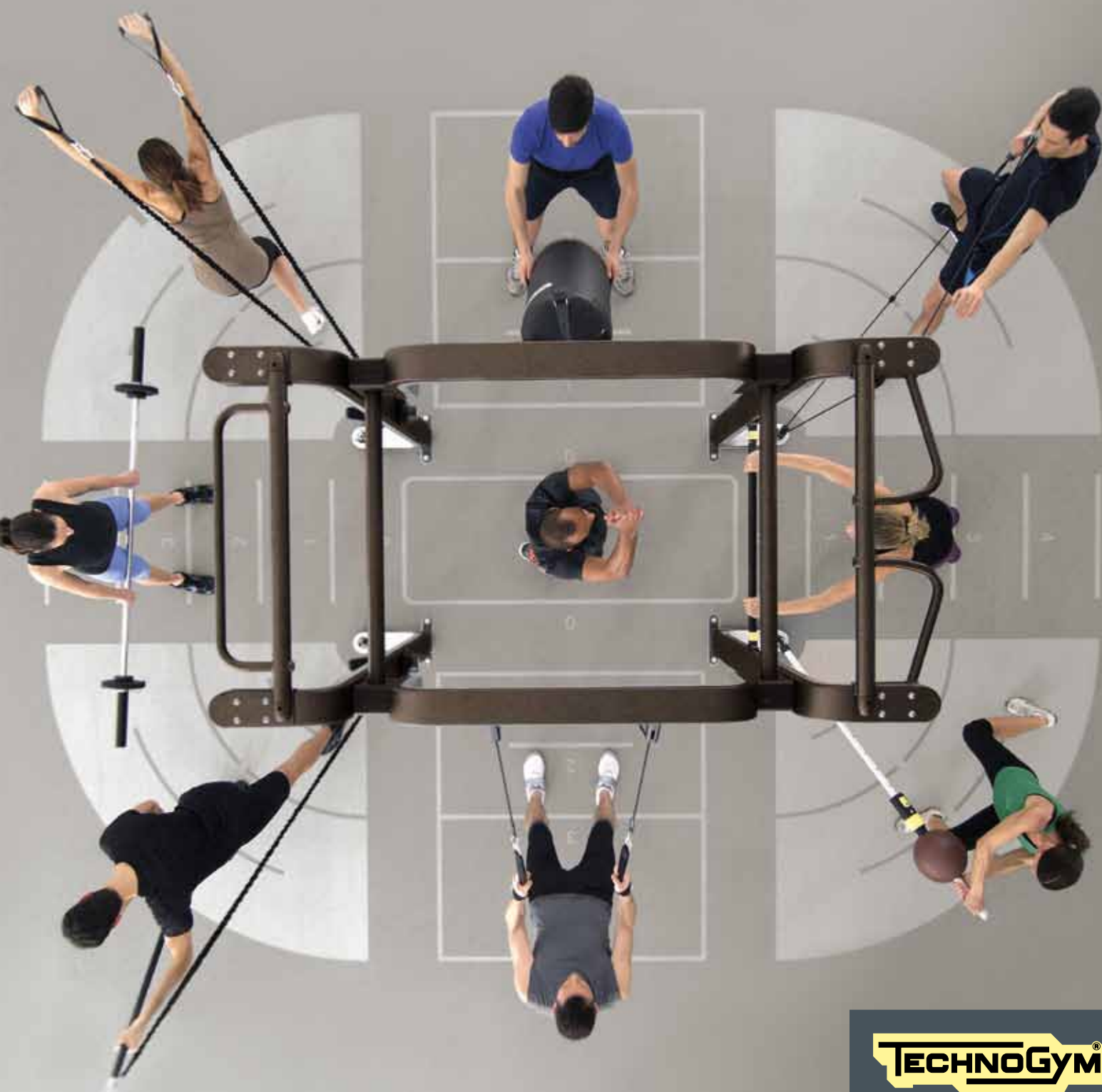


OMNIA™

MOVE TRAIN PLAY



www.technogym.com/artis

TECHNOGYM®

The Wellness Company



OMNIA™

YOUR NEW FUNCTIONAL TRAINING OFFER

OMNIA™ means 'all things' in Latin because it truly offers infinite possibilities in all kinds of training modalities - strength, endurance, stability, flexibility, coordination and speed - and satisfies the widest range of user needs, abilities and aspirations.

POWERFUL TOOLS FOR TRAINING AND BUSINESS SUCCESS

OMNIA™ includes all ingredients for a successful functional training offer; premade programs for small groups, innovative products and accessories, accessory storage, unique flooring patterns and an extensive educational program to support the growth of your functional training business.

Small Group Training Offer

OMNIA™ offers an innovative small group training program. The programs will be renewed on a regular basis, every three months new programs will be automatically delivered through the Technogym mywellness cloud. The pre-made programs are designed by world class experts in close cooperation with the Technogym Scientific Research Department and ensure engaging exercises categorised by the Technogym Ability Training system, an interactive organisational format and top-level results for the users.

Style and Design

The unique Technogym style clearly expresses the non-intimidating character of the product. OMNIA™ has been designed to appeal to the less experienced user as well. In addition the

clean look and the clear line of sight will allow the trainer to easily observe all users during workout. The Technogym flooring patterns - multiple designs available - will support the trainer in class organisation and will maximise equipment usage.

Modularity

OMNIA™ is available in two versions; freestanding Omnia[®] designed for group training up to eight users as well as wall-mounted version of Omnia³ for up to three users, ideally for smaller spaces or multipurpose areas within a facility. All Tools and Accessories can be attached in a modular way due to the intuitive set-up system. The set-up system is made up of multiple Omni-pivots - integrated 360 rotating connection points - and the Omni-rail, to set the height of the Omni-bar and to attach generic hooks and J-hooks.

Features, Accessories and Attachments

OMNIA™ included features:

- **Omni-Bar:** a height adjustable bar allowing easy progression of exercise difficulty.
- **Generic Hooks:** height adjustable hooks to connect the sleeved elastics.
- **Pull-up Bars:** integrated straight and multi-angle Pull-up bars

Accessory Starter Pack*

- **Closed Loop Elastic:** Grab and go handle allowing any range of movement.
- **Pivot Pendulum:** a progressive rotational training tool.
- **Dual Lift:** Easy-to- adjust bodyweight training tool with two separate attachment points for greater exercise possibilities in addition the Dual lift allows the interchangeability of the attachments.
- **Sleeved Elastic Tubing:** a set of 3 pairs of different resistance levels.
- **Soft Loops:** comfortable and wrist-friendly grip attachments.
- **Short Handles:** classic handgrips.
- **Lift Band:** attachment allowing easy access for the feet, legs and trunk.
- **Ankle Straps:** allowing isolated lower body work.

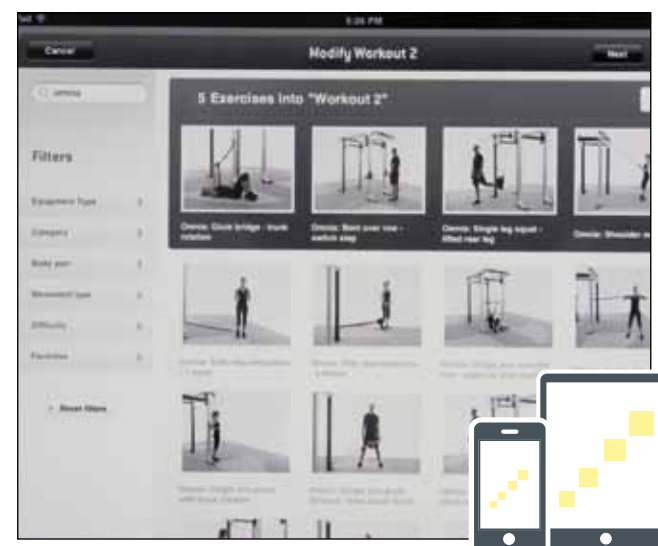
- **Waist Belt:** for locomotion exercises attached to the sleeved elastics.
- **J-Hooks:** accomodates the Barbell, with possibility of locking and securing the hooks.

Accessory Group Pack*

The Group pack enables the execution of all Technogym designed Small Group Training Programs for eight people. The pack includes all above-listed plus the following items:

- **Long Sports Bar:** a tool for asymmetric load, ideal for rotational and anti-rotational exercise.
- **Heavy Rope Ring:** allows the connection of a heavy rope as well as third party accessories.
- **Heavy Rope:** for Rope swinging.
- **Wooden Rings:** advanced attachment ideal for pulling and dipping.
- **Push-n-Pull Bag:** innovative Pushing bag featuring 2 handles for pulling exercise.
- **Omnia Pulley:** for rotational bodyweight training and mobility work.
- **Barbell and Plates:** allows weight bearing exercises.

*for Omnia[®] only, for Omnia³ additional packages are available.



- ✓ ACCESSIBLE FOR ALL ABILITIES
- ✓ SMALL GROUP TRAINING PROGRAMS
- ✓ MAXIMAL CLIENT INTERACTION
- ✓ COMPACT FOOTPRINT
- ✓ MODULAR



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