

Unica

Designed and built with the same materials as professional gym equipment, with a refined and elegant design, Unica is the most comprehensive physical fitness and muscle-strengthening equipment that exists, allowing more than 25 different exercises to be done in just one and a half square metres. For athletic conditioning for sports.

PRODUCT PLUSES

Comfort and functionality

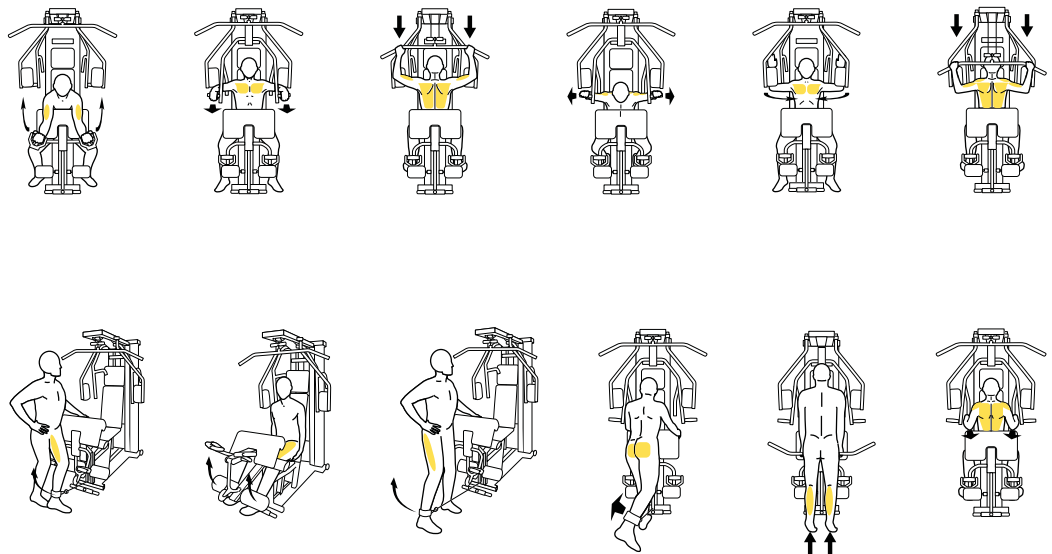
Adjustable seat, large anatomical backrest, ergonomic padding and non-slip handgrips. Thanks to the exclusive linkage system, without substituting any part, you can perform more than 25 different exercises by simply selecting the desired weight.

Biomechanics and safety

Biomechanics and the easy start system allow correct, safe use of the equipment even for less experienced users.

Unique design

A real classic in terms of Technogym design, it complements any interior.





Multipla™



Suited to countless training needs, from simple muscle toning exercises to more demanding sports conditioning, Multipla™ is the ideal home strength system and with more than 20 different exercise routines, it enables a complete workout for all muscles.

Safe professional training

The anti-slip surface on the handles and bar ensure a safe grip during workout. The exclusive Multipower device featuring two professional safety systems enables users to train with the guided barbell in totally safe conditions.

Adjustable bench for personalised training

Multipla™ is fitted with an exclusive bench that can be adjusted into many different positions, including a position which enables leg extension exercises for a more complete, personalised training.



Pratica



Pratica is a versatile bench with double stop hooks for barbells designed for strengthening and toning the principal muscles of the hips and upper body. For users who prefer a free weight training experience. Meticulous attention to detail in terms of design and finish makes Pratica a prime example of Technogym quality applied to a professional bench.

Small and versatile Thanks to the elegant, compact design, Pratica enables users to perform more than 10 different strength exercises for all upper body muscles.

Safe and practical Double stop hooks at two different heights include safety pins to block the barbell in place, thus avoiding any risk of it being dislodged or slipping.

Free weight training experience Safe exercises with dumbbells and barbells, even with high loads.

